

Ingredients

80% carbohydrate-mix (maltodextrins, dextrose), 15,5% protein-mix (whey protein concentrate (from milk), micellar casein (from milk), ultrafiltrated egg protein), aromas, 1,5% creatine monohydrate, 0,5% taurine, medium-chain triglycerides oil (MCT oil), acidity regulators - citric acid, malic acid (for all strawberry like flavours), thickeners – gum arabic, xanthan gum, sodium carboxy methyl cellulose; 0,01% vitamins (L-ascorbic acid - vit. C, DL-alpha-tocopheryl acetate - vit. E, nicotinamide - niacin, D-biotin, retinyl acetate - vit. A, calcium D-pantothenate - pantothenic acid, pyridoxine hydrochloride - vit. B6, cholecalciferol - vit. D, pteroylmonoglutamic acid - folate, thiamin mononitrate - vit. B1, riboflavin - vit. B2, cyanocobalamin - vit. B12), acidity regulators - sodium citrates; sweeteners – acesulfame K, sucralose, cyclamates; emulsifier – soy lecithin; E 150c (for all: cookies cream, toffee, chocolate, coffee, ice coffee, cappuccino, hazelnut and tiramisu like flavours

Nutrition declaration	Per portion (100g)	Per 2 portions (200g)
Energy	1597 kJ/376 kcal	3194 kJ/752 kcal
Fat	1,8 g	3,6 g
of which saturated	1,0 g	2,0 g
Carbohydrate	75 g	150 g
of which sugars	32 g	64 g
Fibre	0 g	0 g
Protein	15 g	30 g
Salt	0,43 g	0,86 g
Creatine monohydrate	1500 mg	3000 mg
Taurine	500 mg	1000 mg