

## Nutrition Facts:

### High Protein & De-Fatted Powdered Peanut Butter: Unflavoured

Typical Values	Per 100g	Per 12g serving
Energy (KJ)	1585	190.2
Energy (Kcal)	369	44.3
Fat	14g	1.7g
of which saturates	2g	0.2g
Carbohydrates	29g	3g
of which sugars	15.1g	1.8g
Fibre	14.0g	1.7g
Protein	48g	6g
Salt	0.02g	0.00g

### High Protein & De-Fatted Powdered Peanut Butter: Chocolate

Typical Values	Per 100g	Per 12g serving
Energy (KJ)	1754	210
Energy (Kcal)	419	50.3
Fat	15.7g	1.9g
of which saturates	3.5g	0.4g
Carbohydrates	21.4g	3g
of which sugars	8g	1.0g
Fibre	13.8g	1.7g
Protein	41g	5g
Salt	0.8g	0.1g

## Ingredients

Unflavoured

PEANUT flour, stevia

Chocolate Flavour

PEANUT flour (78%), Reduced Fat Cocoa (21.9%), stevia